



JOB TITLE:

Undergraduate Assistant

CONTACT:

Hannah Health
The Athletic Department
The University of Texas at Austin
103 West 24th Street
512-471-6700 | careerdesign@austin.utexas.edu

LOCATION:

This position is located at the University of Texas at Austin in Painter Hall (PAI) 5.03.

SUMMARY:

The student will help the staff in keeping track of athletes' diets and their daily physical activity regimen.

TASKS:

- Arrive at the training complex daily at 6:30 a.m.
- Record and evaluate diets and physical activity logs
- Create protein shakes and snacks post-workout
- Interact with athletes to give them advice
- Attend weekly meetings with the training staff
- Look at case studies with the training staff to analyze short-term and long-term goals
- Take inventory of food and ingredients

REQUIRED QUALIFICATIONS:

Current UT student
Has interest in nutrition
Minimum GPA of 3.0
Has taken or is currently enrolled in an upper-division nutrition course

PREFERRED QUALIFICATIONS:

Student is a nutrition student
Second or third year student
Basic knowledge of Excel and experience with data input
Has taken at least one nutrition lab course
Has interest in becoming a sports dietitian
Has interest in UT athletics

If you have any questions, please e-mail us or call us!